



Resources: Lifestyle

- [Find out about the Green Christian's LOAF principles, which involves local and organic produce](#)
- [The Planetary Health Diet is designed by experts to be healthy and sustainable](#)
- [Ideas to reduce food waste, such as recipes, blogs, food storage tips and article](#)
- [Energy Saving Trust provide advice and resources on saving energy at home](#)
- [Climate Stewards have a carbon footprint calculator and allow you to offset your carbon emissions](#)
- [Practical tips for lifestyle changes aimed at eco-living](#)
- [Stylists guide to ethical fashion brands](#)
- [Tips for connecting more with nature, including reflections, action points and volunteering opportunities](#)
- [Theological reflections on our relationship with animals and the earth](#)
- [Water waste and recycling tips, including small group activities](#)
- [Connect with Streetbank, a movement that encourages people to give things away and share things and skills](#)
- [How to recognise eco-friendly products and recycled products](#)